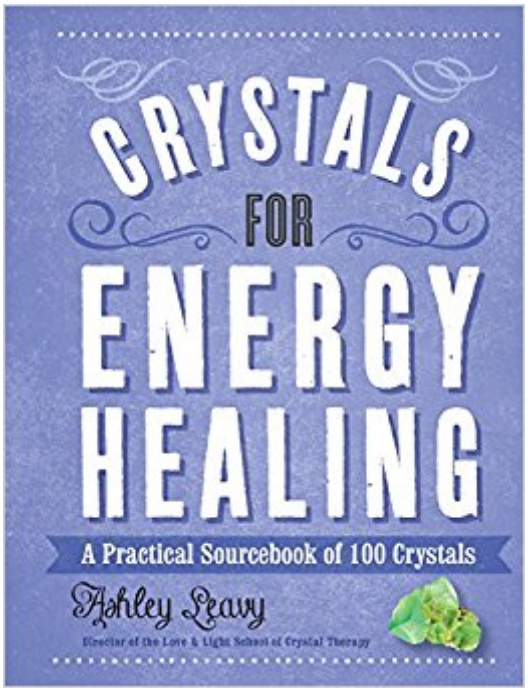
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Crystals For Energy Healing: A Practical Sourcebook Of 100 Crystals



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Synopsis

This comprehensive sourcebook of 100 essential crystals for spiritual healing and all-round protection is packed with practical advice and fascinating information. Not only will you find out about the crystal's attributes, legendary power, and holistic benefits, but also about each crystal's specific energy to enhance, heal, or protect you. Crystals are the most natural, empowering force we can work with to promote spiritual balance and protect us from exposure to physical or psychic negativity. For thousands of years, crystals have been used for their powerful healing energy and to protect the wearer from negative forces. The ancient Taoists believed sacred stones vibrated with 'chi' or universal energy; the Greeks and Romans believed they embodied the gods and the planets; indigenous peoples believed they were alive with spirit. Black stones like obsidian have been used for centuries to protect from evil, and amethyst is still considered the power stone of spirituality, creating a protective shield around the body and promoting deeper levels of awareness. Crystals for Energy Healing includes introductory chapters on what crystals are, both their scientific legacy and their magical one; caring for and choosing crystals; and the importance of chakras and color in spiritual healing. There is also a practical chapter about working with these stones specifically chosen for protection and spiritual healing. The alphabetical sourcebook section that follows provides information about the uses and benefits of each crystal listed.

Book Information

Series: 100 Crystals

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Customer Reviews

Ashley Leavy is a Crystal Healing Instructor, Founder and Educational Director of the Love & Light School of Energy Medicine. She provides online crystal healing classes for heart-centered healers and spiritual entrepreneurs who want to create a life and sacred business aligned with their heart and soul. Ashley's experience is based on almost a decade, and 100+ classes, of professional crystal healing training. She is a Melody Certified Instructor (Level 3) of the Laying-on-of-Stones Workshops and is a member of The Association of Melody Crystal Healers International (TAOMCHI). She has also completed the 12-part crystallotherapy workshop series offered by DaEl Walker, Founder of the Crystal Awareness Institute.

An amazing resource for crystal teachers, healers and students alike! There is a wealth of information in this wonderful book. The pictures are clear and from Ashley's personal collection. Which I love! The grids are easy to follow. I live all the tips, historical information, keywords, and correspondences. She also chose to discuss crystals that are easy to purchase and great for everyone's collection. I am extremely impressed with this book, and I plan to even use it as a crystal reference for teaching my children. I have completed Ashley's Basic Crystal Healing certification course, and love having all this knowledge in one easy place to refer too. This will now be my go-to Crystal book!!

What a wonderful new resource Ashley Leavy has shared with all of us who have a love of Crystals. Whether you are a long time devotee of crystals or just beginning your crystal journey you will LOVE this book! The pictures are extraordinary and how special and lovely that they are all from her own collection. I am a Reiki Master Teacher, Crystal Healer and Color Energy Worker. I teach Reiki students how to use Crystals in their practice. I have innumerable books on crystals. This one is extremely well thought out and gives you a powerful, quick study on each chosen crystal. The information is invaluable and experts as well as novices will be pleasantly surprised at its appeal to everyone. It is succinctly but personably written and very easy to understand. Rest assured that I will be showing this book to my students and highly recommending they get it for their own library.

As a crystal healer I have read and reviewed a lot of crystal books and this is one of my absolute favorite crystal healing books. It's so easy to read, comprehensive, touches on so many subjects like meditation with crystals, how to choose a crystal, affirmations and crystals, crystal grids, healing with the chakras, crystal properties, and SO much more. If you bought crystals and don't know what

to do next then this book will teach you everything you wish to know. I highly recommend it!!

This is such a wonderful book for all types of crystal working! A beautiful hardcover book filled with gorgeous color photos and helpful information for all you crystal addicts like me. Ashley Leavy has put all of her accumulated knowledge into this book and the result is a must have book! Congratulations Ashley!

This book is absolutely the best. I have many ,many Crystal books and have been involved with Crystals for years. But after taking many Crystal courses from Ashley Leavy - Love & Light Healing School And then to be fortunate enough for her to write a book is incredible. This book is just not a crystal identification book ,it has got many aspects to it .It talks about (and shows) crystal griding , crystal body layouts, it is a book that cover so many possibilities with Crystals I would suggest is to anyone as a " Must Have " book for your collection. ~~ Nancy Johnson

I love this book because it covers a lot of information about a lot of crystals without being an unmanageable size. Ashley Leavy covers the basics of working with crystals, then moves into extremely detailed specifics about 100 of the most popular and helpful crystals you would want to work with. It’s really helpful that the descriptions of the crystals include suggestions for ways to work with them on the same page! That makes it much easier to get started, especially if you’re working with a new-to-you crystal. Thank you for an awesome resource, Ashley!

As a Reiki Master, Licensed Massage Therapist and Crystal Healer, I’m always interested in learning more and reading books that are intellectually stimulating as well as fun! This is it! If this was your ONLY crystal healing book you would be set. That’s saying a lot. Beautiful illustration and photos and laid out in a flowy sensible way. Love it!
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This is a very informative book. It’s comprehensive in that it touches on a wide variety of crystal topics, but it’s not wordy (in fact, it takes a bit of getting used to, because there is a lot of white space in this book). Each section is small enough to easily absorb: each paragraph typically only 4 or 5 sentences. The writing is very down-to-earth. If I were to have a wish for future printings, it would be that the stones throughout the book - not just those in the reference area - be identified.

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